



**2020 Philippine National Figure Skating  
Championships  
April 7 & 8, 2020**

**ANNOUNCEMENT / INVITATION**

**Authorized by:**



**Sanctioned by:**



## 1. General

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The 2020 Philippine National Figure Skating Championships will be conducted in accordance with the ISU Constitution and General Regulations 2018, the ISU Special Regulations and Technical Rules Single & Pair Skating 2018, as well as all pertinent ISU Communications.

All Guest Skaters (skaters representing a different ISU Member) must be entered through their respective Member Federation.

## 2. Technical Data

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**Main Rink and Practice Rink: SM Mall of Asia Ice Skating Rink**  
3<sup>rd</sup> Floor Main Mall, SM Mall of Asia, Seaside Blvd.,  
Pasay City, Philippines  
(ice surface of 60m x 30m, indoor ice rink with heated  
artificial ice surfaces)

### *Technical Details*

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<b>Senior Men &amp; Ladies</b>	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018, Rules 611, paragraphs 1 & 2.  Duration: 2 min., 40 sec. +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2018, Rules 612 and the respective ISU Communication.  Duration: 4 min., +/- 10 sec.
<b>Senior Pairs</b>	Short Program	In accordance with ISU Technical Rules Single & Pair Skating 2018, Rule 620, paragraph 2 for 2019/2020.  Duration: 2 min., 40 sec. +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2018, Rule 621, paragraph 2 and the respective ISU Communication.  Duration: 4 min., +/- 10 sec.
<b>Junior Men &amp; Ladies</b>	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2018, Rules 611, paragraphs 1 & 3 for 2019/2020.  Duration: 2 min., 40 sec. +/- 10 sec.

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	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2018, Rules 612 and the respective ISU Communication.  Duration: 3 min., 30 sec. +/- 10 sec.
<b>Advanced Novice Boys</b>  (in accordance with ISU Communication 2172)	Short Program	<ul style="list-style-type: none"> <li>a) Axel Paulsen or double Axel Paulsen;</li> <li>b) Double or triple jump, may not repeat jump a);</li> <li>c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b);</li> <li>d) Camel, sit or upright spin (minimum of five (5) revolutions on each foot) with change of foot and no flying entrance;</li> <li>e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed;</li> <li>f) One step sequence fully utilizing the ice surface.</li> </ul> <p>Duration: 2 min. 20 sec. +/-10 sec.</p>
	Free Skating	<ul style="list-style-type: none"> <li>a) Maximum 6 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. One jump combination can contain three (3) listed jumps. The other jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Only two (2) triple jumps can be repeated either in a jump combination or a jump sequence. No quadruple jumps are allowed. Any single, double (including Double Axel) or triple jump cannot be executed more than twice in total;</li> <li>b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with change of foot (minimum eight (8) revolutions), flying entrance is not allowed and one must be flying spin (minimum of six (6) revolutions) or a spin in one position with change of</li> </ul>

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foot and a flying entrance (minimum eight (8) revolutions).

c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.

Duration: 3 min. +/-10 sec

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**Advanced Novice  
Girls**

(in accordance with  
ISU Communication  
2172)

Short Program

a) Axel Paulsen or double Axel Paulsen;

b) Double or triple jump, may not repeat jump a);

c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b);

d) Layback/sideways leaning spin or spin in one basic position with no change of foot (minimum six (6) revolutions);

e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed;

f) One step sequence fully utilizing the ice surface

Duration: 2 min. 20 sec. +/-10 sec.

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Free Skating

a) Maximum 6 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. One jump combination can contain three (3) listed jumps. The other jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Only two (2) triple jumps can be repeated either in a jump combination or a jump sequence. No quadruple jumps are allowed. Any single, double (including Double Axel) or triple jump cannot be executed more than twice in total;

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with change of foot (minimum eight (8) revolutions), flying entrance is not allowed and one must be flying spin (minimum

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of six (6) revolutions) or a spin in one position with change of foot and a flying entrance (minimum eight (8) revolutions).

c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.

Duration: 3 min. +/-10 sec.

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**Intermediate Novice Boys & Girls** Free Skating

(in accordance with ISU Communication 2172)

A well balanced Free Skating program must contain:

a) Maximum of 5 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. No triple and quadruple jumps allowed. Any single or double (including Double Axel) jump cannot be executed more than twice in total.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with change of foot (minimum eight (8) revolutions), flying entrance is not allowed and one must be a flying spin (minimum six (6) revolutions) or a spin in one position with change of foot and a flying entrance (minimum eight (8) revolutions).

c) There must be one (1) step sequence fully utilizing the ice surface.

Duration: 3 min. +/-10 sec.

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**Basic Novice Boys & Girls** Free Skating

(in accordance with ISU Communication 2172)

A well balanced Free Skating program must contain:

a) Maximum of 4 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence consists of two (2) jumps of any number of revolutions, beginning with any jump,

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immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. No triple and quadruple jumps are allowed. Any single and double jump (including Double Axel) cannot be executed more than twice in total.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin in one position with a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six (6) revolutions. In both spins flying entries are allowed.

c) There must be one (1) step sequence fully utilizing the ice surface.

Duration: 2 min. 30 sec. +/-10 sec

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**Pre-Novice Boys & Girls**

Free Skating

A well balanced Free Skating program for Pre-Novice must contain:

In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Pre-Novice Program Components are only judged in:

- Skating Skills
- Performance
- Interpretation

PCS Factor : 2.0

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a) Maximum of 4 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence consists of two (2) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. No Double Axel and triple jumps are allowed.

b) Maximum of two (2) spins of a different nature. There may be up to one (1) spin combination (without change of foot: minimum of five (5) revolutions; with change of foot: minimum of three (3) revolutions on each foot).

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Fall Deduction: 0.5

c) Maximum of one choreographic sequence.  
The sequence will have a fixed Base value  
and evaluated in GOE only.

Duration: 2 min. +/- 10 sec.

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**Juvenile Boys & Girls**

Free Skating

A well balanced Free Skating program for Juvenile must contain:

In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

a) Maximum of three (3) jump elements. There may be up to one (1) jump combination. A jump combination can contain only two (2) jumps. Only single jumps, including single axel, are permitted.

b) Maximum of two (2) spins of a different nature one of which must be an upright spin on one foot (without change of foot: minimum of five (5) revolutions; with change of foot: minimum of three (3) revolutions on each foot).

c) Maximum of one choreographic sequence.  
The sequence will have a fixed Base value and evaluated in GOE only.

Juvenile Program Components are judged in:

Duration: 1 min., 30 sec. +/- 10 sec.

- Skating Skills
- Performance
- Interpretation

PCS Factor : 2.5

Fall Deduction: 0.5

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**Elementary Boys & Girls**

Free Skating

A well balanced Free Skating program for Elementary must contain:

In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

a) Maximum of three (3) jump elements. There may be up to one (1) jump combination. A jump combination may contain two (2) single jumps or one (1) double and one (1) single jump. Double Axel and Triple jumps are not permitted.

b) Maximum of two (2) spins of a different nature. There may be up to one (1) spin combination (without change of foot: minimum of five (5) revolutions; with change of foot: minimum of three (3) revolutions on each foot)

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Elementary Program Components are judged in:

- Skating Skills
- Performance

PCS Factor : 2.5

Fall Deduction: 0.5

c) Maximum of one choreographic sequence. The sequence will have a fixed Base value and evaluated in GOE only.

Duration: 1 min., 30 sec. +/- 10 sec.

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**Preliminary Boys & Girls** Free Skating

In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Preliminary Program Components are judged in:

- Skating Skills
- Performance

PCS Factor : 2.5

Fall Deduction: 0.5

A well balanced Free Skating program for Elementary must contain:

a) Maximum of three (3) jump elements, one of which must be a solo Waltz jump. There may be up to one (1) jump combination. Only single jumps (not including single axel) are permitted.

b) Maximum of two (2) spins of a different nature, one of which must be an upright spin on two feet (minimum of three (3) revolutions).

c) Maximum of one choreographic sequence. The sequence will have a fixed Base value and evaluated in GOE only.

Duration: 1 min., 30 sec. +/- 10 sec.

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**Basic Skills Boys & Girls** Free Skating

Basic Skills Program Components are judged in:

- Skating Skills
- Performance

PCS Factor : 2.5

Fall Deduction: 0.5

A well balanced Free Skating program for Basic Skills must contain:

a) The following jump elements: Solo Waltz jump; single Salchow; single Toe Loop

b) One-foot upright scratch spin without change of foot (minimum of three (3) revolutions)

c) Choreographic sequence consisting of a minimum of one forward and one backward spiral (at least 3 seconds hold for each spiral)

Duration: 1 min., 30 sec. +/- 10 sec.

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**Adult Skating: Gold** Free Skating

In all elements which are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

PCS Factor : 1.6

Fall Deduction: 1.0

A well balanced Gold Free Skating program must contain:

a) A maximum of six (6) jump elements, consisting of single jumps (including the single Axel) or double jumps. Double flip, double Lutz, double Axel and triple jumps are not permitted. There may be up to three (3) jump combinations or jump sequences. One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps. A jump sequence consists of two (2) listed single or double jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.

b) A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot (minimum of eight (8) revolutions) and one (1) of which must be a flying spin or a spin with a flying entrance (without change of foot: minimum of four (4) revolutions; with change of foot: minimum of eight (8) revolutions).

c) A maximum of one (1) step sequence, fully utilizing the ice surface.

Duration: 2 min., 40 sec. +/- 10 sec.

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**Adult Skating: Silver** Free Skating

In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

PCS Factor : 1.6

A well balanced Silver Free Skating program must contain:

a) A maximum of five (5) jump elements, consisting only of single jumps, including Single Axel. There may be up to two (2) jump combinations or jump sequences. One (1) jump combination may consist of up to three (3) listed jumps. The other jump combination may consist of two (2) listed jumps.

b) A maximum of two (2) spins of a different abbreviation, one of which must be a spin combination with or without change of foot (without change of foot: minimum of four (4)

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Fall Deduction: 0.5

revolutions; with change of foot: minimum of eight (8) revolutions).

c) There must be one (1) step sequence utilizing at least half of the ice surface.

Duration: 2 min. +/- 10 sec.

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**Adult Skating:  
Bronze**

Free Skating

A well balanced Bronze Free Skating program must contain:

In all elements which are subject to Levels, only features up to Level 1 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

a) A maximum of four (4) jump elements, consisting only of single jumps. Axel type jumps, double jumps and triple jumps are not permitted. There may be up to two (2) jump combinations. A jump combination can contain only two (2) jumps.

b) A maximum of two (2) spins of a different abbreviation one of which must be a spin in one position with no change of foot (minimum of three (3) revolutions). Flying spins are not permitted.

PCS Factor : 1.6

c) Choreographic sequence utilizing at least half (1/2) of the ice surface. The sequence will have a fixed Base value and evaluated in GOE only.

Fall Deduction: 0.5

Duration: 1 min., 40 sec. +/- 10 sec.

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**Age Limit**

<b>Senior</b>	Has reached at least the age of thirteen <b>(13)</b> as of July 1, 2020
<b>Junior</b>	Has not reached the age of nineteen <b>(19)</b> as of July 1, 2020
<b>Advanced Novice</b>	Has not reached the age of fifteen <b>(15)</b> as of July 1, 2020
<b>Intermediate Novice</b>	Has not reached the age of fifteen <b>(15)</b> as of July 1, 2020
<b>Basic Novice</b>	Has not reached the age of thirteen <b>(13)</b> as of July 1, 2020
<b>Pre-Novice / Elementary</b>	Has not reached the age of eleven <b>(11)</b> as of July 1, 2020
<b>Juvenile / Preliminary</b>	Has not reached the age of eight <b>(8)</b> as of July 1, 2020
<b>Basic Skills</b>	Has not reached the age of thirteen <b>(13)</b> as of July 1, 2020
<b>Adult Skating</b>	Has reached at least the age of twenty-five <b>(25)</b> as of July 1, 2020

## **Music**

All Competitors shall furnish competition music of excellent quality on CD and should be submitted to registration counter at Ice Rink upon accreditation before the first official practice. No accreditation will be given without submission of the music.

All discs must show the Competitor's name, Category, and the exact running time of the music (not skating time).

Each program (Short Program/Free Skating) must be recorded on one track respectively on a separate CD.

Competitors must provide a back-up CD for each program.

## **3. Entries**

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All skaters representing the Philippines (excluding Basic Skills, Preliminary, Elementary, and Adult Skating) must have passed the National Qualifying Test for their respective levels prior to the competition date. Any entry made in the above-mentioned categories without having passed the test will result in the skater being considered a "guest" skater despite representing the Philippines. Only skaters who have successfully passed a National Qualifying Test for the respective level entered will be considered for selection to the Philippine National Figure Skating Team.

All entries must be submitted on or before **March 22, 2020** by e-mail to: [pnfsc.entries@gmail.com](mailto:pnfsc.entries@gmail.com).

### **Entry Fee**

With entry to the competition, the entry fee must be paid as follows:

USD 100 (PhP 5000) per single skater (Categories with Free Skating only)

USD 120 (PhP 6000) per single skater (Advanced Novice, Junior, Senior)

USD 150 (PhP 7500) per pair couple

The entry fee must be paid **on or before March 29, 2020** physically at the office of the Philippine Skating Union, or via bank transfer:

Account Name: Philippine Skating Union, Inc.

Account Number: 101500045169

Bank / Branch: BDO Unibank Inc.

Bank Address: SM Corp Offices Branch, Bldg D, 104 JW Diokno Blvd, Mall of Asia Complex Pasay City, Philippines

SWIFT Code: BNORPHMM

## 4. Expenses

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The Organizing Committee will provide and cover the expenses for travel expenses (economy class), accommodation, and meals for the Technical Panel, Judges, and Referee beginning from dinner on **April 6, 2020** until breakfast on **April 9, 2020**. Any additional expenses or expenses made before or after the aforementioned dates will not be covered by the Organizing Committee.

Participants will shoulder their own accommodation and travel expenses.

## 5. Accreditation

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The official accreditation for competitors begins on April 6, 2020 at the SM Mall of Asia Ice Skating Rink.

Guest skaters representing a different ISU Member will be required to present their passports or official proof of identity and citizenship (and clearance certificate if passport is not the same as the member entering the competitor).

## 6. Practice

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Official practices for the competitors begin on **April 7, 2020**. The detailed schedule will be issued at the time of accreditation.

## 7. Draws

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The draws for the order of the first segment of each category will be held individually per category at the Opening Draws on **April 6, 2020** at the Ice Rink. The exact time will be provided at the accreditation.

No immediate draw will be held after the first segment of each category. The starting order for the second segment will be in reverse order of the first segment result. In the case of any ties, there will be a draw to determine who skate first.

## 8. Insurance / Liability

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In accordance with the ISU Rule 119, it is the sole obligation of each skater participating in this event, to provide medical and accident insurance for themselves. Such insurance must assure full medical attendance and also the return to home country by air transport or by other expeditious means of the ill or injured person. The Organizing Committee assumes no responsibilities for or liability with respect to bodily or personal injury or property damage incurred by Competitors, Officials and other participants.

## 9. Information

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For further information, please contact the Organizing Committee:

### **Philippine Skating Union**

SM Megamall Ice Skating Rink

5<sup>th</sup> Floor, SM Megamall Fashion Hall

EDSA cor. Doña Julia Vargas Ave., Mandaluyong City, Philippines

Phone: (632) 631 5670

Fax: (632) 631 5675

Email: [admin@philippineskating.org](mailto:admin@philippineskating.org)

## 10. Event Schedule

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<b>April 6, 2020</b>	17:30	Arrival of Competitors / Accreditation
	18:30	Official Draw
<b>April 7, 2020</b>	8:00	Official Practice
	12:00	Technical Panel and Judges Meeting
	13:00	Preliminary – Free Skating
		Elementary – Free Skating
		Juvenile – Free Skating
		Pre-Novice – Free Skating
		Advanced Novice – Short Program
		Junior – Short Program
		Senior – Short Program
	<b>April 8, 2020</b>	8:00
13:00		Adult Skating – Free Skating
		Basic Skills – Free Skating
		Basic Novice – Free Skating
		Intermediate Novice – Free Skating
		Advanced Novice – Free Skating
		Junior – Free Skating
		Senior – Free Skating
	TBA	Victory Ceremony